



“THE LIE THAT BINDS” FAQ

- **Why did you write the book?**

It is an issue we’ve been dealing with and addressing for 20 years in our family. We’ve met so many people along life’s journey who suffered from the effects of abuse and are still living out the unhealthy results, even after years of effort.

- **How did your family react to the book?**

Mother and siblings were supportive until they realized the broader spectrum of how it might affect them. They now have a better understanding of where they are at in their own healing journey.

- **How were you able to heal from the abuse?**

Over the 20 years of addressing the issue, we were diligent at attending counseling, group therapy, traditional healing ceremonies, and finally sought out healing from the one who created us – God.

- **Why do you think the statistics for sexual abuse are so high in the Native American communities?**

Sending Native people to the church run boarding/residential schools to assimilate them, only to result in loss of language and cultural ways of life. A long history of oppressive political decisions on a nation of people.

- **What would you say to adult survivors of abuse so they can also heal?**

It’s a journey that takes time to put the shattered pieces back together. Owning the starting point of your journey and coming to understand what you desire as the resolution. Bring it to light and out in the open with your family. Surround yourself with people who will walk this healing journey out with you. If possible, confront the abuser. Practice the new habits and skills you learn from your supportive sources. Educate parents and children about the perpetrator and detecting a child predator.

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